



## PERSONAL, SOCIAL & HEALTH EDUCATION INTENT

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We consider personal wellbeing and resilience to be a priority for the pupils in our school. We pride ourselves in providing a nurturing a caring environment in which children feel safe and valued; we help them to become excited to try out new things and we encourage them to take pride in their own achievements and those of others by celebrating success at every opportunity.

We use proven programmes to support and educate our children to stay safe, progressing in content according to their age. We educate our children in Health and Wellbeing, Relationships and Living in the Wider World covering subjects such as the importance of healthy eating and exercise, preventing bullying and interpreting the media in a measured way.

## IMPLEMENTATION

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To ensure that children's skills and knowledge in Personal, Social and Health Education is far-reaching and thorough, we follow the guidance from the Association of PSHE. The Association guides our teachers and the children through progressive learning under three categories: Health and Wellbeing, Relationships, and Living in the Wider World. From within these categories, teachers who know their pupils well, select the learning objectives that best suit the needs.

Key to our culture, is our "We are Positive" sayings that are displayed in all classrooms and around the school. "We are Positive" was developed by our school for our school to help children to try hard at their learning and build resilience. The children share and use the sayings from Reception Class up to Year 6 to help instil in them a 'give-it-a-go' enjoyable approach to learning and fostering support for their peers.

The 'Taking Care' Protective Behaviours programme is taught at the beginning of every academic year, building on and reinforcing what the children already know from the previous year's leaning. Children must know how to recognise when they feel unsafe or worried and know how to get help and who from. The programme helps children reach out when they are feeling stressed, bullied or threatened and explores practical ways for them to get help to keep safe. All our teachers are trained in Protective Behaviours so the message is reinforced consistently and supportively throughout the school.

The 'All About Me' is an educational scheme that builds on the Taking Care Protective Behaviours programme. It teaches children about body parts, reproduction, healthy relationships and how to care for themselves. All About Me is taught to all of our children from Reception to Year 6 in the Summer Term of each academic year – each set of lessons overlaps the children's knowledge and then builds on prior learning so it is memorable and progressively age-appropriate. All About Me is a purpose-designed scheme for primary teachers made available to us by Warwickshire County Council.

We hold bi-weekly celebration assemblies when a child from each class is chosen as Star of the Week and their contribution towards their learning is shared openly with the school and parents and friends of the school. The assembly includes Achievement Awards when the whole school celebrates achievements by pupils earned outside of school (such as judo, swimming, baking). We have themed assemblies that focus on caring for other, caring for ourselves, visitors to speak to the children about charities and support groups. This helps the children to understand and relate to our wider world. Our Year 6 pupils prepare and present their own assembly fortnightly to the whole school, giving them preparation and practice for their onward journey to secondary schools. We also have an established house-points systems to reward caring behaviour and Merit Points to reward good effort in the children's work.

Person of the Week is held every week in every class. This enables children to take turns to be 'Person of the Week' when their peers tell the chosen pupil why they are special. This increases self-esteem and encourages the children to see the best in their peers and to share their positive views.

Our pupils in Year 6 have extra duties to enable them to develop their leadership skills and responsibilities. These include performing office duty; house captains; library monitors, and so on. Year 6 children are paired with children in Reception Class so they hear them read and act as 'buddies' to give them support around school and on the playground.

E-safety is taught in our school as part of our ICT scheme can we clearly recognise that this interweaves with our PSHE teaching responsibilities.

Each class contributes to both our annual summer fair and Christmas fair by making items and selling them to raise funds for the school. This encourages the children to develop their enterprise flair and promotes their leadership skills by serving on the stalls.

Two School Counsellors from each class are appointed to represent their peers at regular meetings with the Head of School. The School Counsellors' ideas and discussed and recommendations made to the governors for improvements to our school.

## IMPACT

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Our PSHE Curriculum is specifically aimed at supporting the emotional, social and self-needs of our pupils. We measure the impact of our PSHE curriculum through the following methods:

- A constant celebration of achievement, which demonstrates progression across the school;
- Pupil discussions about their well-being, which includes sharing of their thoughts and ideas, their shared approaches to problem-solving and their well-being.
- Teachers monitor the well-being of the children in their classes on a termly basis using the well-being grid, which is shared with the SENCo.
- Teachers regularly discuss children's wellbeing with the SENCo who will consult with pupils/parents and support them through Early Help; CAMHs, counselling, anxiety support, and so on.